

MAY'24

PARTICIPATION
@CAMPUSLIFE

**GOOD
LUCK**

MAY/MAI

Swmae! Welcome to May's instalment of your monthly Participation@CampusLife newsletter. This month I've tried to balance the reminders and suggestions with some nice ways to wind down and relax between assessments and deadlines. It's important to get the balance right, I think! As per the usual, if there is anything that you need from me or that you feel I could help with, you're always welcome to email!

EXTENUATING CIRCUMSTANCES

If you feel that there may be a barrier to meeting your deadline or completing your assignments and projects, please get in touch with me to talk about your options. If you feel you may need to submit an extenuating circumstances application, it is always useful to speak to someone regarding your circumstances to ensure you get the support you may need. In Participation, we can discuss your options and support you to apply for extenuating circumstances with your faculty if necessary.



WHAT'S ON?

Bywyd Campws
Campus Life

SWANSEA

**GET
ACTIVE**

NEED SUPPORT?



Swansea

student
minds

There are some fantastic resources across the university if you need help. Whether you're finding things hard at the moment and need someone to talk to, or if you need advice and guidance on something specific, these resources are there for you if and when you need them.

Click the links to find out more.



hapus
The Student Life Teacher
Prwydd Gymorth Awdurdod Myfyrwyr

BOOKING SPACE TO STUDY

Sometimes you need a change of scenery to power through the long study sessions at this time of year. The university libraries offer a variety of bookable study space options, so even if you have a disaster and urgently need a laptop or PC, you're able to arrange space to study in peace or with a group. This is a really great option and, if you're heading to Singleton, the park is right there to stretch your legs in much-needed breaks. Click to have a look at the booking options. Or if you want to get outdoors with your work, [here's](#) a link to some gorgeous parks and outdoor spaces.

MARKDOWN MAY ON STUDENT EVENTS

Our lovely lovely friends over in the Go! team are halving the price of their events all month to support access to trips and events and ensure they are cost-of-living friendly. If you're in need of a break, definitely have a look at what they have going on the month!

SWANSEA PRIDE 2024

This Saturday is Swansea's 15th annual pride event! Pride is an amazing celebration of community, love and identity in our city and it usually kicks off with the parade starting in Wind Street in the morning. It's an amazing and free (!) event with a massive array of entertainment and goings-on across the city over the day.



SUMMER ACCOMMODATION

If you are someone in need of accommodation over the summer, you may know that as a student supported by Participation@CampusLife you are entitled to 365 day a year university owned accommodation. If this sounds like something you would like to take up, please get in touch with accommodation sooner rather than later to ensure your place. Applications are open now, please get yours in to ensure your arrangements are made.



THINKING ABOUT HOUSING?

After first year, many students will move off campus and into private accommodation, either independently or with a group of others. If you are looking to move out into the bustling wider Swansea area, the Students Union has a fab guide on housing in the city and tips for finding the right place for you. Click the pictures to find out.

FREE LUNCHES



Throughout May, in CampusLife we are offering a free pot noodle/rice/pasta each day (except 27th due to the bank holidays!) This runs from 12-1pm Monday and Fridays on Bay Campus in The Haven, and Tuesday, Wednesday, Thursdays on Park Campus in CampusLife Reception.



STUDENT FINANCE APPLICATIONS

It's really important that you complete your student finance applications as soon as possible to avoid any funding issues going in to next academic year. If you are having difficulty or need advice on completing your application, please get in touch to have a chat about how we can help. If you have suspended your studies, please get in touch so we can make sure your funding is all as it should be.

FEELING EXAM STRESS?

It happens to the best of us. Exam season can hit harder than we might expect and it's never the wrong time to look for help or get some more information to hopefully make the process easier. The Student Union has put together a set of articles, tips, and information to help with exam stress and studying in general called Study Aid. I've linked above to their page, which includes these as well as some free drop in sessions for your down time.

IN SWANSEA FOR SUMMER?

We're lucky to be surrounded by some amazing sights and scenery in Swansea and if you're around for the summer, it's the perfect time to take the opportunity to explore some of the places you might not have had the time to during term time. Here's a list of a huge number of free and super cheap things to see and do.



These links are for organisations that support specifically for care leavers and people who are estranged, if you would like to know more about them click on the links.



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BY BECOME.

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